



# FISHERFOLK FIESTA

WOL MET VERVE  
BY SYLVIA

door Sylvia Roozeboom



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Fisherfolk Fiesta was designed for the Summer of Socks 2025 by Wol met Verve and is a true knitting celebration! The socks are worked in a texture that resembles brioche but is actually a fisherman's rib – and much easier to knit! The result is airy, stretchy, and wonderfully soft. Perfect for summer knitting moments, whether you're on the go, relaxing in the garden, or sitting by the water. The striped pattern comes to life beautifully in contrasting colors, and with an extra accent at the cuff, heel, or toe, you can add a cheerful twist. Rhythmic, colorful, and delightfully simple – let the fiesta begin!



Extra small/Small (XS/S), medium (M/L), extra-large (XL)  
circumference: 21 (24/25, 26)cm.



Wol met Verve Merino Twist Sock, 100g/365m, or a similar sock yarn. For the smallest size, I used approximately 30 grams of each main color (Bright Aqua Light and Neon Coral Light) and 6 grams of each contrast color (Bright Yellow and Neon Coral). The exact amount will of course depend on the size you're making and the length of the cuff you choose.



Size 2.5mm/US 1.5 needles or size needed to obtain correct gauge.



tapestry needle, stitchmarkers



30 stitches and 43 rows is 10cm, in stockinette stitch  
using 2.5mm/US 1.5 needle

## PATTERN NOTES

These socks are worked cuff down, with a heel flap and gusset. You can knit these using a short circular needle, a long circular needle using the magic loop method or using dpn's.

Directions are given for size XS/S, the directions for the other sizes are in brackets. If there are no brackets in the description, then that part of the pattern applies to all sizes.

## ABBREVIATIONS

rs - right side  
ws - wrong side  
bor - beginning of round  
st(es) - stitch(es)  
k - knit  
k1tbl - knit 1 through back-loop  
k2tog - knit 2 stitches together  
p - purl  
p2tog - purl 2 stitches together  
m - marker  
pm - place marker  
sm - slip marker  
wyif - with yarn in front  
wyib - with yarn in back  
sl - slip one stitch purlwise with yarn in back  
ssk - slip 2 stitches knitwise and knit them together  
(see link to YouTube on page 6)  
k1b - knit 1 below

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## Technique Info: Fisherman's Rib (easier than you think!)

In Fisherman's Rib, you alternate between two rows. The standard method is as follows:

- Row 1: (Knit 1, purl 1) to the end of the row
- Row 2: (Knit 1 into the stitch below – this is called 'k1b' – and purl 1) to the end of the row

In Row 2, you don't knit into the stitch on the needle as usual, but instead insert your needle into the stitch below the knit stitch from the previous row. This creates the effect of dropping a stitch while simultaneously forming a yarn-over – similar to brioche. That's why the fabric looks like brioche, but it's actually much simpler to knit. (See photos on page 6)

### Tip:

There's an alternative method that's even easier. Instead of working Row 1 as (k1, p1), you can simply purl across the entire row. This gives a more relaxed rhythm and makes it much easier to see where to insert your needle for the k1b in the next row. You then alternate between:

- Row 1: purl all stitches
- Row 2: (k1b, p1)

Repeat these two rows – simpler, smoother, and with the same beautiful result!



## INSTRUCTIONS

I'm using the left sock from the first photo as the example – the one with Bright Aqua as the most prominent color. Begin the cuff using the first contrast color, which in the sample is Neon Coral.

### Cuff

Cast on 56 (64, 72) sts using Neon Coral and 2.5 mm needles. Use a stretchy cast-on method of your choice. Join in the round, being careful not to twist.

Rounds 1–12: Work in rib (k1tbl, p1) to the end of the round. Break yarn.

Rounds 13–15: With Bright Yellow, work 3 more rounds in rib (k1tbl, p1). Break yarn.

### Leg

From here on, work in Fisherman's Rib stitch using the first main color, Bright Aqua.

Set-up round: K1, p1 to end of round. The next round is worked with the second main color – do not break the yarn. When switching colors, do not twist them around each other; simply drop one color and pick up the other.

Round 1: With Neon Coral Light, k1, p1 to end of round.

Round 2: With Bright Aqua, k1b, p1 to end of round.

Repeat Rounds 1 and 2 until desired length is reached (in the sample: 32 repeats of Rounds 1 and 2, so 64 rounds total). End with Round 2 (Bright Aqua).







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Now set aside half of the stitches and continue working over the remaining stitches using Main Color 1 (Bright Aqua Light). You now have 28 (32, 36) stitches for the heel flap.

## Heel flap

The heel flap is worked over 28 (32, 36) stitches. The remaining stitches are held on the other needle(s) and form the instep.

Row 1 (WS): K1, (sl1, k1) 13 (15, 17) times, sl1 wyif, turn.

Row 2 (RS): K1, purl to 1 stitch before end of row, sl1 wyif, turn.

Repeat these 2 rows 12 (13, 14) more times.

## Heel turn

The mini heel is worked back and forth in short rows, as follows:

Row 1 (WS): K15 (17, 19), ssk, k1, turn.

Row 2 (RS): Sl1 wyif, p3 (3, 3), p2tog, p1, turn.

You'll see a small gap between the worked stitches and the remaining stitches.

Row 3 (WS): Sl1 wyib, knit to 1 stitch before the gap, ssk (1 st from each side of the gap), k1, turn.

Row 4 (RS): Sl1 wyif, purl to 1 stitch before the gap, p2tog (1 st from each side of the gap), p1, turn.

Repeat Rows 3 and 4 until all stitches have been worked. End with a right-side row.

You should now have 16 (18, 20) stitches remaining.

Break the Bright Aqua yarn and begin picking up the stitches from this point using Neon Coral Light.

From this point on, work the instep stitches in pattern (Fisherman's Rib), and knit all sole stitches in plain stockinette.

## Gusset

Round 1: With Main Color 2 (Neon Coral Light), make 1 extra stitch between the heel flap and the instep, pick up and knit 13 (14, 15) stitches along the edge of the heel flap, k 16 (18, 20), pick up and knit 13 (14, 15) stitches along the other side of the heel flap, make 1 extra stitch between the heel flap and the instep, place marker, work the 28 (32, 36) instep stitches in Fisherman's Rib pattern (k1, p1), place marker (BOR).

Round 2: With Main Color 1 (Bright Aqua Light), ssk, knit to 2 stitches before the marker, k2tog, sm, (k1b, p1) to the marker (instep).

Round 3: With Main Color 2 (Neon Coral light) Sm, work this round without any decreases – knit for the sole, and follow the pattern for the top of the foot (slip markers as you come to them).

Repeat Rounds 2 and 3 until 28 (32, 36) stitches remain for the sole. You should now have a total of 56 (64, 72) stitches again.

## Foot

Continue working the instep in Fisherman's Rib pattern, and knit the sole stitches.

The number of repeats depends on the size you're knitting, but work until the foot measures 5 (5.5; 6) cm less than the desired total length. End with a (k1b, p1) row in Bright Aqua Light.

Break both main color yarns.





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## Toe

The toe is worked using both contrast colors. Begin with 3 rounds in Bright Yellow, then work the rest of the toe with Neon Coral.

Round 1: Sm, k1, ssk, knit to 3 stitches before the marker, k2tog, k1, sm, k1, ssk, knit to 3 stitches before the marker, k2tog, k1.

Round 2: Sm, knit all stitches.

Repeat Rounds 1 and 2 until 28 (32, 36) stitches remain in total.

Now repeat only Round 1 until 16 (16, 16) stitches remain (decrease in every round).

Try the sock on or measure to see if it's the desired length. If satisfied, break the yarn leaving a tail of about 30 cm.

Graft the toe using the Kitchener Stitch (see link to YouTube tutorial on the last page) or use the method of your choice.

Weave in all ends.

Knit the second sock in the same way, or — as I did in the sample — use the same colors but make Neon Coral Light the most prominent color (the one used in the k1b, p1 rows).

Wishing you lots of success and above all — happy knitting!

*Sylvia*



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Kitchener stitch op you tube:

<https://www.youtube.com/watch?v=W7i5JwEReW0&t=1s>

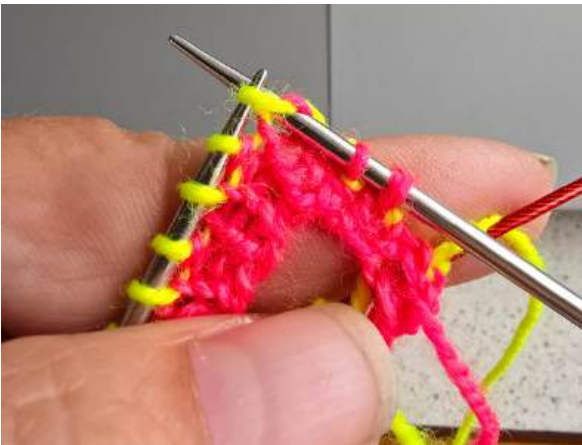


Uitleg SSK op you tube:

<https://www.youtube.com/watch?v=RGwcYW3GG3M>



Voorbeeld k1b:



Voorbeeld k1b alternatief:

